CCVSS
Coastal Carolina Veterinary Specialty Services

Weeks 6-10 Post TPLO

Once radiographs have been performed, Dr. Stoll will make recommendations on increasing controlled activity. Your pet will still need strict restriction, but he or she will be able to start controlled activity.

- Begin short leash walks of 10-15 minutes, 2-3 times a day. This should be a slow walk on a short leash to promote your dog to use the surgical leg with every step.

- If your pet handles the controlled walks (no pain, stiffness, or increase in lameness), then you can increase the walk by 5 minutes each week, continuing 2-3 times per day. You should work up to 20, no more than 30 minutes per day. If your pet seems to be bothered by the longer walks, return to the shorter time until your pet is able to tolerate the increase without too much discomfort.

- Multiple shorter walks are always better than fewer longer walks.

- You may continue to perform range of motion exercises during this time.

- If you have any questions please contact us.

If you have any questions, concerns, or problems please contact us at
(910) 512-8912 or e-mail: drstoll@ccvss.org